



Title: Christ Humbled, Christ Exalted
Text: Philippians 2:6-11

1. The Humiliation of Christ (vv. 6–8)

2. The Exaltation of Christ (vv. 9–11)

Life Application Questions:

1. What does Paul mean when he says Christ was “in the form of God” yet did not count equality with God a thing to be grasped (v. 6)? What does it mean that Christ “emptied himself” (v. 7)? How does this shape our understanding of Jesus’ divine nature and humanity?

2. Why is it significant that Jesus took “the form of a servant” and was “born in the likeness of men”? What does Jesus’ obedience “to the point of death, even death on a cross” reveal about His character and mission? How does this challenge our views of power, success, or status?

3. What is the significance of God exalting Jesus and giving Him “the name that is above every name”? What does this teach us about God’s response to humility?

4. How can we imitate the humility of Christ in our daily relationships and decisions? What would “emptying ourselves” look like in practical terms?